Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Monday 30 May 2022 until 23:59 on Tuesday 31 May 2022

Forecast Issued on Monday 30 May 2022 at 02:48 by Met Office Aberdeen

Confidence: High for a showery start to the week. Low confidence for rain on Thursday.

Headline for Monday 30 May 2022: Scattered, occasionally heavy showers, easing later. Cold on the tops.

Mountain weather hazards on Monday 30 May 2022

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
Medium Likelihood

Poor visibility
Low Likelihood

Thunderstorms
Low Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Low Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Sleet	Sleet	Heavy rain showers	Heavy rain showers	Cloudy	Cloudy
Precipitation probability					
60%	70%	60%	60%	50%	30%

Forecast for Monday 30 May 2022

Weather: Cloudy through the early hours with frequent showers, these falling as sleet or snow on Munro summits. A showery start to the day with some low cloud, lifting and breaking a little through the morning but persisting well into the afternoon across northern ranges. Showers occasionally heavy with sleet or snow on the Munro summits at first, but later becoming rain or sleet with showers mostly easing by the end of the day.

Chance of cloud-free hill tops above 800m: 30% overnight and into the morning, improving to around 60% midday. Best chances by afternoon across the Cuillins and south of Torridon.

Low cloud and visibility: Occasional low cloud above 500 m through the early hours, mostly lifting to around 750 m and becoming more isolated by midday. Generally above the summits in the south through the afternoon. Very poor visibility within cloud otherwise good occasionally poor in sleet and snow showers, and moderate in rain showers later.

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Forecast for Monday 30 May 2022

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	17/20 N	14/18 N	14/19 N	15/20 N	13/18 N	9/11 N	3/4 NW
900	15/18 N	14/18 N	14/18 N	15/20 N	13/18 N	9/11 N	3/4 NW
600	12/15 N	9/13 N	12/16 N	13/18 N	12/16 N	6/8 N	2/4 N
300	3/15 N	6/16 N	6/17 N	7/18 N	7/17 N	6/11 N	1/3 NW
Glen	3/9 N	4/9 N	7/15 N	10/19 N	9/17 N	6/11 N	2/4 N

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	0/-6	1/-4	2/-3	2/-3	2/-3	1/-3	1/-1
900	1/-4	2/-3	2/-2	3/-2	2/-2	2/-2	2/0
600	3/-1	4/1	5/1	5/1	5/2	4/2	4/3
300	5/4	7/5	8/7	8/7	8/6	7/5	6/5
Glen	8/7	10/9	11/10	11/9	11/9	9/8	8/8
Freezing Level*	1100m	1100m	1200m	1200m	1200m	1100m	1100m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Very cold on the summits and feeling even colder where showers become frequent.

Forecast for Tuesday 31 May 2022
Weather: A mostly dry start then showers breaking out from mid-morning, these frequent and heavy at times with a small risk of thunder. Winds mostly light so not feeling too bad in any drier interludes.

Maximum wind: Easterly mean 10-15 mph on the summits.

Chance of cloud-free hill tops above 800m: 80%

Low cloud and visibility: Cloud mainly above summits, occasionally covering the tops in and around showers. Very good visibility occasionally poor in showers.

Temperature: **Glens:** Plus 6 Celsius rising to plus 10 Celsius.
At 800m: Plus 3 Celsius rising to plus 6 Celsius.
Freezing level: Above summits.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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